

ACUPRESSURE FOR EMERGENCY SAVED : Hypertrophic Cardio Myopathy.

All 4 chambers working only 20% and patient not admitted as inpatient.

1. **Name of Patient, Age, Sex:** Amardeep Singh, 37 years, Male.
Pune, Maharashtra State.
Mobile No.918146614943, 919763225655, 7087012007
2. **Brief History:** Complaining of severe abdominal pain in August 2014, consulted a Gastro specialist and took medications for acidity but no relief. Also, loss of apPetite since the first complaint. Did an ultrasound of the abdomen in 30th Oct 14 and discovered a stone in gall bladder stone. Had laproscopic cholecystectomy under GA on 3rd Nov 2014 at Baroda. Severe loss of appetite. Continued complaining of abdomen pain. Visited a General Physician on 16th Jan 2015 and got ECG & Echo done to discover of the current ailment.
3. **Diagnosis:** Hypertrophic Cardio Myopathy. All 4 chambers working only 20% and patient not admitted as inpatient.
4. **FINIDINGS**
5. **FROM 2D ECHO COLOR DOPPLER (IE33) – 16TH JAN 2015**

**MITRAL VALVE : Has thin leaflets with normal motion.
Grade II mitral regurgitation.**

AORTIC VALVE : Has three thin leaflets with normal opening. No aortic regurgitation.

**LEFT VENTRICLE : Is dilated. RWMA: IVS & apex akinetic. Large layered thrombus at LV apex. Severely Impaired LV systolic function. EF-30%. Mild Hypertrophy withLV diastolic dysfunction.
Ventricular septal Rupture (VSR) causing 6mm VSD at anterior septum position.**

LEFT ATRIUM : is dilated.

RIGHT ATRIUM & RIGHT VENTRICLE : normal.

TRICUSPID VALVE & PULMONARY VALVES: normal.

Moderate TR/Moderate PAH(RVSP = 67mmHg)

Thin rim of pericardial effusion.

IMP: IHD: RWMA : IVS & apex akinetic.Large layered thrombus at LV apex.

Severely Impaired LV systolic function. EF-30%

Mild LV Hypertrophy with LV diastolic dysfunction.

Grade II mitral regurgitation.

Moderate TR/ModeratePAH (RVSP= 67mmHg)

Dilated LA/LV.

Thin rim of pericardial effusion.

Ventricular Septal Rupture causing 6mm VSD at anterior septum position.

M-MODE:

AORTA : 34mm

LA : 45mm

LEFT VENTRICLE

LV DD : 62mm

LVDS : 50mm

IVS : 10mm

PW : 12mm

LVEF : 30%

6. Acupressure Diagnosis- "A displaced solar plexus". Tender Acu points- 22 [Solar Plexus], 27 [stomach], 22 [gall bladder], 23 [liver], 8 [thyroid].
7. On 19012015, @ 2.00pm., Dr.Dhananjaya Bhupathi, Telephonically, suggested to patient's father to set right his solar plexus as per Dr.Vora's book 'Health in Your Hands'. The patient shouted with sudden jerk and he was given a cup of hot milk + a few sugar crystals/misri.
8. On 20012015, in the empty stomach he was given 30 ml aloe vera juice & after 2 hours the patient wanted to eat Dosa and ate one dosa and it was digested. On 21012015, he could digest 2 dosas.

Sl.No.	Name of Equipment/Medicatio n
1.	Acupressure Massager
2.	Super Power Magnets Set
3.	Liver tonic [Kaleyamruth].
4.	Appetite-1
5.	Appetite-II
6.	Noni Juice
7.	Strelax
8.	Bowel aid
9.	Detoxme
10.	Triphla Aid
11.	Hormonal Balancing
12.	Wheat Grass Powder
13.	Immuno Drops
14.	S-1 Herbal
15.	Amrith
16.	SY - Herbal

17.	Elixir Caps [Health Drink]
18.	Antioxidant Caps

In your diet* you may include aloe vera juice, raw vegetables, green juices, raitas, salads, sprouted seeds, dry fruits, nuts, wheat grass powder, noni juice, black tea, green tea, water melon, papaya, etc.--and

1. **Exclude** cooked food, burgers, pizzas, noodles, Chowmein, [deep freeze & deep fried mutton, chicken red meat, beef, pork, grilled meat, etc.], salt, baking soda, chocolate, coffee, colas made in India, tea, Nutra Sweet with aspartame, etc. Frying, grilling, and broiling meats at very high temperatures cause carcinogenic chemicals to form that may increase cancer risk.

1. Green* Tea- Rich in antioxidants rendering instant energy. In the inter cellular space, oxygen is present. If the inter cellular oxygen gets exhausted, due to autoimmune disorders, it leads to malignancy. Green tea prevents exhaustion of such oxygen and prevents cancer.
 - How to prepare it? In a cup of boiled water, add one tsp of green tea powder and close the lid tight for 3 minutes and filter it and add 1 tsp of honey and take it hot hot. You can have instant energy. Green tea bags from Tajmahal/Tata Tea available in the market.
2. 1. All dry fruits are safe and anti-cancerous-to boost up immunity levels. A diet rich in fruits-----cured several incurable and dreaded diseases, like Cancer, Thalassemia, HIV, Brain & Spinal cord affected disorders, Muscular Dystrophy, Autism, Nuro muscular Syndromes, Parkinson's Syndromes, etc., per our experience.
3. 2. They are rich in fiber, antioxidants, vitamins, energy, micro-nutrients, vitamins, calcium, etc.
4. 3. A big tree develops just from a small seed.
5. 4. Dry fruits are safer with no side effects than raw fruits. Why? Because, When they're under the hot sun, they shrink with absorbed omnipotent energy from sun rays'. Dry fruits hold latent energy; which gets released when soaked under water overnight. When you eat soaked seeds and drink water, one shall have lot of energy absorbed into the body.
6. Patient be exposed to sunlight for maximum of 90 minutes after sunrise in morning and 60 minutes just before sunset in the evening to get The Sun's divine energy. To sleep on floor during night on a mattress. Earth is the biggest Magnet in the world to activate the body during sleep.
7. **OIL PULLING*:**
 Utility--- removes toxins from the body, more so from the mouth, tongue, lips, gums, teeth, stomach, cervix, uterus, lungs, heart, liver, intestines, ears, brain, etc., etc.
 . However, you may use sun flower oil, ground nut oil or til oil, rice bran oil, mustard oil, etc. Do not use fully saturated fatty acids and oils--which get solidified in winter season--like, Dalda/Vanaspati, coconut oil or ghee.
 Procedure: Every morning, in an empty stomach, take 2 tsp of cooking oil and put it in your mouth and rinse it for 10 minutes; until it becomes white liquid. Spit it out and then rinse with Luke warm water and rub the gums with your thumb/middle finger to remove oil deposits. Then brush Ur teeth. For the best results, it can be repeated 3 times daily in an empty stomach.
8. Yogurt: Give the patient 3 to 4 ounces of curd, prepared in the following manner. To the boiled warm milk (preferably of cow's of goat's milk) add 12/15 leaves of tulsı and prepare the curd. If the patient is of Pitt Prakruti, give him this curd, adding thereto little powder of crystal sugar. For all other types of patients, this curd can be taken with little rock salt or black salt in it. Such curd can be taken 3 to 4 times a day from 10 a.m. to 5 p.m. only. It may be taken in the form of butter milk..

9. **Consumption of Charged Water***— • 2 glasses Gold-best brain tonic and antibiotic, silver-to remove excess heat from the body and ensures optimum functioning of Kidneys, Copper-best tonic for /muscular & nervous strength and Iron-to increase hemoglobin levels in the blood.
2 glasses of charged water reduced from 8 glasses. It ensures excellent metabolism in the body.
- Due to money/time constraints, if it is not feasible to prepare charged water @ home, you have a substitute. Amrith powder.

Disclaimer Clause: Treatment suggested above is successfully tried on several patients and so is mentioned here for the benefit of all 'Dreaded & Incurable Diseases of PATIENTS' WITHOUT ANY LEGAL LIABILITY to Trustees or Medical Board members or anybody working for and on behalf of www.saioam.in

More over, saioam trust has every right to publish the successful results "by recorded documentation" in the internet/book form for the benefit of all such affected patients, suffering from such dreaded & incurable diseases. All such authentic information with evidentiary value is the sole property of SAIOAM trust.



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Ref. No.5041.....

24/11/2014
Dated

COLOUR DOPPLER ECHOCARDIOGRAPHY REPORT

Name: - AMARDEEP SINGH CHAHAL Age / Sex- 37Years/male

Impression: -

- HYPERTROPHIC CARDIOMYOPATHY.
- ASYMETRICAL APICAL HYPERTROPHY.
- TACHYCARDIA WITH GROSSLY DILATED ALL FOUR CHAMBERS.
- SEVERE LV SYSTOLIC DYSFUNCTION
- A KINESIA OF ANTERIOR WALL & ANTERIOR IVS.
- HYPOKINESIA OF REST OF THE SEGMENTS.
- MILD MITRAL REGURGITATION.
- MILD TRICUSPID REGURGITATION.
- NO CLOTS/VEGETATION OR PERICARDIAL DISEASE.

MEASUREMENTS

MEASURED VALUES

Aortic root dimension:	-	32 mm
Aortic cusp opening:	-	22 mm
Left atrial dimension: [LA]	-	50 mm
Interventricular septum thickness (end diastolic) [IVSD]	-	12 mm
Left ventricular end diastolic dimension: [LVIDD]	-	68 mm
Left ventricular posterior wall thickness (end diastolic) [LVPWS]	-	10 mm
(End systolic): [IVSS]	-	11 mm
Left ventricular end systolic dimension: [LVIDS]	-	59 mm
(End systolic)[LVPWS]	-	11 mm
LV Ejection Fraction: [EF]	-	27 %
LV Fractional shortening: [FS]	-	12 %
HEART RATE (HR)	-	101 bpm