

Patients with Becker MD may:

- Walk on their tiptoes
- Fall down a lot
- Have difficulty rising from the floor
- Have cramping in their muscles
- Becker MD appears primarily in males between ages 11 and 25

Also caused by a deficiency of dystrophin, and with symptoms similar to those of DMD, Becker can progress slowly or quickly.

Becker MD appears primarily in males between ages 11 and 25. Some people may never need to use a wheelchair, while others lose the ability to walk during their teens, mid-30s, or later.



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Name of the Patient	: Master Suhaib Khan.
Father's Name & Occupation:	Mr.Irshad Ahmed Khan, Revenue Inspector [Hindi Giridhavar].
Sex	: Male
Age	: 10 years
Address	: R/O.H.No.205, Garden Lane, CHANAPORA, Lal Chowk, Srinagar-190015, Jammu & Kashmir-
Mob.Nos	: 919469597136, 919419564626

Brief History: Born normal. But, failed to pass urine for the first 2 days. No Caesarian. All his mile stones for the first 3 years were normal and timely. Started falling down, Unable to climb steps. Prognosis worsening day by day.

Diagnosis: Muscular Dystrophy. Bulging of Calf muscles, weak, unbalanced gait.

In case the child falls down often, has a difficulty in climbing the staircase, not developing properly, has severe headache for a long time, there is no proper control in activities of organs, etc., try the following to detect this problem of Muscular Dystrophy:

Physical examination on 19042015.Both his calf and thigh muscles were bulged abnormally. No pain. Shrinkage of muscles in ankles, cannot put down his foot fully on ground. Anaemic Noted shortening of legs with bad prognosis.

Name of Hosp/Lab & Address	Patient's Name	Date of report	Test Name	Impressions & Abnormalities	Normal range	Remarks
SL Diagnostics,Nallakunta,Hyd'bad	Suhaib Khan	19/4/2015	CBP	RBC Count 5.27 LYMPHOCYTES 49	4-5.20 38-42	
SL Diagnostics,Nallakunta,Hyd	Suhaib Khan	19/4/2015	C.P.K	5422	39-300	
Govt Medical College,Srinagar,Kashmir	Suhaib Khan	12/08/2010	LDH	1866	240-480	
Govt Medical College,Srinagar,Kashmir	Suhaib Khan	12/08/2010	CKNAC	1568	0-195	
Dr.Parvaiz Ahmed Shah, M.D.[G.Med],D.M.[Neurology,P GI-Chandigarh]Consultant Neurologist,SMHS Hospitals & Associated Hospitals of Govt. Medical College, Srinagar,Kashmir.	-do-	11082010		Decker's Muscular Dystrophy		

Diagnosis by Acupressure Techniques: Tender Acu Points-1-5. 8. 25. 28. 30. 36. 37.11-16. Displaced solar plexus, anaemic.

1. Press on patients head-three inches above both the earlobes and see if there is any hurting. See figure.
2. Press Point Nos. 1 to 5 and see if there is any hurting.
3. Press on Point No. 16 of lymph gland and find out whether there is hurting.
4. Are the calf muscles getting stiff?
5. In case of hurting, it could be Muscular Dystrophy and/or Brain's problem. In case the hurting is observed on Point No. 16 and 1 to 5 it could be a tumor in the brain. DO NOT PANIC.
6. Treatment: For those patients who are already affected by this disease, the following treatment will greatly assist them to control these and similar other diseases of the brain and the nervous system i.e., Retardedness, multiple sclerosis, etc.

Detailed medication suggested separately:-

1. High powered-concentrated gold/silver/copper/ iron charged water to be given as under :
 - a) ½ glass reduced from 8 glasses for 8 days.
 - b) 1 glass reduced from 8 glasses for 8 days.
 - c) 2 glasses reduced from 8 glasses to be given till recovery and 3 months afterwards.

- d) 1 glass reduced from 2 glasses for a long time afterwards. This treatment will give a push to the brain and motor nuclei and start their functions
2. Acupressure treatment of 2 minutes 3 times a day to be given to Point Nos. 1 to 6, 11 to 15, 25, 28 and 38.
 3. Treatment on webs and back of palms twice a day will be useful to relieve any nervous tension and correct any impairment to them. Also it will tone them up.
 4. Health drink/powder to be given twice a day. One teaspoon Health powder can be added to 1 cup of green juice.
 5. Green juices of leafy vegetables and honey is to be freely given 2 to 4 cups a day.
 6. Fresh fruit juices-2 to 3 glasses to be given daily.
 7. Blue light to be given for 15 minutes each on the head and on the spinal cord and affected parts twice a day.
 8. Kapalbhati and Bhastrika-see page 117.
 9. Pranayam-see page 111 /112.
 10. Rub the soles of the patient for 5 + 5 minutes in the morning and evening till the soles are warmer than the head.
 11. Massage entire body by a local barber with olive oil ensures to prevent further progression of symptoms.
 12. Strict diet restrictions ensure faster recovery.
 13. Religious compliance of all stipulated instructions ensures faster remissions with permanent cure.

Treatment - Suggested Medication:

Sn o	Medicine	
1	Atrophy[Muscle wasting]	1 Grain tdi sublingual
2	MP 3x	2 grain sublingual tdi Daily
3	Super Power Magnets	External application as stipulated
4	Noni Juice [Immunity Booster]	2 ml TDI – 1 st week 5 ml TDI – 2 nd week 10 ml TDI – 3 rd week onwards + 1 cup of plain water each time.
5	Wheat grass powder	1/2 tsp + 1 cup hot water + 5 drops honey daily
6	Elixir Capsules [Metabolism activation]	1 TDI [After eating]
7	Herbal snuff Brain fag	1 st day, 5 th day & 10 th day
8	Back-ache/spine support belt	To wear it on the body for 16 hrs, To be removed while @ sleep
9	Amrit Powder [Gold, silver, copper & Iron charged] water	1/2 grain + cup of hot water BDI
10	Hormonal Balancing	3 globules tdi sublingual
11	Derma [P] Muscle Oil	External-2
12	Immuno Drops	10 drops + 1 Cup Hot Water/Milk/Tea t.i.d.

	[Lungs metabolism]	
13	E Cod	1 cap daily evening-
14	Mega Za	1 cap after lunch daily
15	Primosa*500	1 Cap. [Evening]
16	Nurokind gold	1 Cap. [Morning]
17	Glucosamine-1500 [USA]	½ tab after lunch
18	Fish Oil[USA]	1 cap after dinner
19	Olive oil	External massage by barber
20	Toning up kidney functioning-Creatinine Herbal-Serum CPK.	½ tsp daily in an empty stomach + cup of water
21	Creatinine Drops-Toning up kidney functioning-Homoeo	5 drops + 1 cup of plain water tid
22	Stresside-USFDA	1 cap after lunch
23	Detox Kidneys USFDA	1 cap in empty stomach Morning
24	Detox Liver USFDA	1 cap after breakfast
25	Immuno Plus USFDA	1 cap before Lunch
26	Ashwagandha USFDA	1 cap in night
27	Triphla Powder	½ tsp + 1cup of butter milk in night

tdi : Three Times in a Day

Note:

All items are time tested with the best quality from South India and successfully tried. Prices are subject to marginal change.

In your diet* you may include Aloe Vera juice, raw vegetables, green juices, Raithas, salads, sprouted seeds, dry fruits, nuts, wheat grass powder, Noni juice, black tea, green tea, water melon, papaya, raw coconut + jiggery, soya bean milk, fresh seasonal fruits, etc.

- **Exclude** cooked food, burgers, pizzas, noodles, (deep freeze & deep fried mutton, chicken red meat, beef, pork, grilled meat, etc.), salt, baking soda, chocolate, coffee, colas made in India, tea, Nutra Sweet with aspartame, etc. Frying, grilling, and broiling meats at very high temperatures cause carcinogenic chemicals to form that may increase cancer risk.
- Green* Tea- Rich in antioxidants rendering instant energy. In the inter cellular space, oxygen is present. If the inter cellular oxygen gets exhausted, due to autoimmune disorders, it leads to malignancy. Green tea prevents exhaustion of such oxygen and prevents cancer.
 - How to prepare it? In a cup of boiled water, add one tsp of green tea powder and close the lid tight for 3 minutes and filter it and add 1 tsp of honey and take it hot. You can have instant energy. Green tea bags from Tajmahal/Tata Tea available in the market.

- All dry fruits are safe and anti-cancerous-to boost up immunity levels. A diet rich in fruits-----cured several incurable and dreaded diseases, like Cancer, Thalassemia, HIV, Brain & Spinal cord affected disorders, Muscular Dystrophy, Autism, Neuro muscular Syndromes, Parkinson's Syndromes, etc., per our experience.
- They are rich in fiber, antioxidants, vitamins, energy, micro-nutrients, vitamins, calcium, etc.
- Divine energy from the Sun God--Patient be exposed to sunlight for 10 minutes within 90 minutes after sunrise in morning and within 60 minutes just before sunset in the evening to get The Sun's divine energy. To sleep on floor during night on a mattress. Earth is the biggest Magnet in the world to activate the body during sleep.

OIL PULLING*:

1. **Utility** : Removes toxins from the body, more so from the mouth, tongue, lips, gums, teeth, stomach, cervix, uterus, lungs, heart, liver, intestines, ears, brain, etc., etc.
However, you may use sun flower oil, ground nut oil or til oil, rice bran oil, mustard oil, etc. Do not use fully saturated fatty acids and oils--which get solidified in winter season--like, Dalda/Vanaspati, coconut oil or ghee.
Procedure: Every morning, in an empty stomach, take 2 tsp of cooking oil and put it in your mouth and rinse it for 10 minutes; until it becomes white liquid. Spit it out and then rinse with Luke warm water and rub the gums with your thumb/middle finger to remove oil deposits. Then brush your teeth. For the best results, it can be repeated 3 times daily in an empty stomach.
2. **Yogurt:** Give the patient 3 to 4 ounces of curd, prepared in the following manner. To the boiled warm milk (preferably of cow's or goat's milk) add 12/15 leaves of tulsi and prepare the curd. If the patient is of Pitt Prakruti, give him this curd, adding thereto little powder of crystal sugar. For all other types of patients, this curd can be taken with little rock salt or black salt in it. Such curd can be taken 3 to 4 times a day from 10 a.m. to 5 p.m. only. It may be taken in the form of butter milk.
3. **Case Study** : A lady brought her eight year handsome son, who was developing well since birth. But after his seventh birthday, he started finding it difficult in climbing steps of a staircase and within next six months it developed to such an extent that he was unable to climb the staircase. On examination, it was found to be an obvious case of Muscular Dystrophy. Mother was asked to give treatment. After four months, she came with a complaint that her son was all right but had become naughty and would go down in the lift and come running on the staircase all the way up to sixth floor, where they were residing. What a good news it was!

Source: 'Health In Your Hands' by Dr.Devendra Vora, Pioneer in Acupressure in India Available in All Indian Languages All over the Globe.

Disclaimer Clause: In India we have 10 million children/adults suffering from 700 rare diseases, which are incurable with 40% mortality. Treatment suggested above is successfully tried on several patients and so is mentioned here for the benefit of all 'Dreaded, Incurable and Rare Diseases of PATIENTS' WITHOUT ANY LEGAL LIABILITY to Trustees or Medical Board members

or anybody working for and on behalf of Moreover, saioam trust has every right to publish the successful results “by recorded documentation” in the internet/book form for the benefit of all such affected patients, suffering from such dreaded & incurable diseases. All such authentic information with evidentiary value is the sole property of our trust.

Stiff muscles in both legs [thigh and calf muscles] became slightly soft. Dated 05.06.2015.

Duchenne’s Mus Dyst

Sl. No.	Name	Remarks
1.	Atrophy 4 x 125	1 grain tdi
2.	Aloe Vera Juice 400 x 4	15 ml tdi
3.	Elixir Caps 150 x 2	2 tdi
4.	Derma P M oil 125 x 5	External on muscles
5.	Immuno Drops 125 x 3	10 drops + cup of hot milk/tea/water
6.	Foot massager [Taslina]	Apply cow ghee on soles and rub it on mas sager
7.	Fish Oil 15 x 60	1 cap after dinner
8.	Glucosamine 15 x 60	½ ta after breakfast
9.		
	Liver tonic 250 x 2	1 tsp empty stomach
10.	L & K caps 195 x 2	1 cap bdi after lunch and dinner
11.	Arkadi Oil [external]200 x 2	Slightly warm up oil and apply on all muscles
12.	Vatantakam 500 x 2	1 tsp bdi
13.	Ashwagandha Shilajit 150 x 2 + 500 x 2	1 tsp + cup of hot milk + misri bdi
14.	Creatine drops 90 x 2	10 drops + cup of water tid.
15.	Olive oil 110 x 2	Massage on body, muscles.
16.	Shunti churna	1 tsp powder + cup of hot milk in the evening.
17.	Gelatine paper 20 x 5	

